

# **MEN'S GROUP**

**A weekly group for men to speak from the heart over ideas, problems and solutions about family, community, work related issues and inner feelings and thoughts. This an open forum, where all topics are welcomed. This group will be facilitated by Michael Accardi of Montana's Peer Network. The intention for this group is to provide an environment of honesty, trust and respect. Show up. Make yourself a priority too.**

**EVERY SUNDAY**

**7-8 PM**

**THE LOTUS**

**[www.thelotushelena.com](http://www.thelotushelena.com)**